

Katarzyna Wawer Dziedziak
Chartered Psychologist

Professional bodies

Chartered Member of The British Psychological Society, Member of the Division of Counselling Psychology. Member of the Polish Psychologists Association in London.

Academic qualifications

Advanced Certificate in Counselling, CBT pathway, Bournville College, Birmingham, graduated 2010

Master of Arts, Psychology, specialization – clinical, Lublin University, Poland, graduated 1995

Diploma, School of Social Pathology Prevention, Warsaw, Poland (curriculum approved by the Ministry of Health and Social Care, financed by Drug Addiction Prevention Office and realised by Occupational Consulting Agency AD, Warsaw, Poland, graduated 1994)

Experience

1992 – 1994 Clinical placements in various institutions including Detention Centre (Poland/Lublin) and Mental Health Hospital (Poland/Lukow).

For over 6 years I provided counselling psychology services to Occupational Consulting Agency AD, Team for Social Pathology Prevention (Poland) working with youth and adults and, as a trainer and supervisor, with people working in the scope of psychological assistance.

2007 Set up Counselling Psychology Practice, (UK/Birmingham) - short term counselling, in-depth work with a wide range of clinical presentations in group and individual therapies.

2009 to 2011 Cooperation with Aquarius (UK/Birmingham) – alcohol addictions with members of the Polish community.

2011 Turning Point (UK) specialising in drug addiction.

2011 Forensic Psychology Practice Ltd, Associate Psychologist, FPP provides psychology services to social, health, and criminal justice agencies tasked with the assessment, management or treatment of individuals who present a risk to themselves or others. <http://www.forensicpsychology.co.uk>

Special interests

Psychological aspects of immigration and its impact on mental health.

Approach

Cognitive – Behavioural
Integrative

Areas of counselling

Addictions
Anger Management
Bereavement
Bullying
Couples Counselling
Depression

Eating Disorders
Generalised Anxiety, Panic Disorder
Low Self-Esteem
Phobias
Post-Traumatic Stress Disorder (PTSD)
Postnatal Depression
Psychosexual Therapy
Relationship Issues
Separation and Divorce
Stress
Trauma
Work Related Issues

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Location:

Birmingham